



## REPORT ON EYNSHAM PLAY & ACTIVITY DAY 2021

#### THURSDAY 29TH JULY 2021



#### 'BUILDING COMMUNITIES THROUGH PLAY'

Event Organised and Delivered by;

























#### THE OXFORDSHIRE PLAY ASSOCIATION PRESENTS...

# EYNSHAM PLAY AND ACTIVITY DAY 2021









#### THURSDAY 29TH JULY - 11AM TO 3PM

## FREE ENTRANCE AND FREE ACTIVITIES – FUN FOR ALL THE FAMILY AND FOR ALL AGES

Go Kart Party \* Tricky Trails Biking \* Body Zorbing \* Bright Sparks Science \* Martial
Arts \* Drumming Workshop \* Orinoco Scrapstore \* Smoothie Bike \* DIY Face
Painting \* Giant Bubbles \* Fire Play \* Toddler Corner and more!

## SIDE), EYNSHAM, OXON. OX29 4HG

Please be advised that NO childcare is provided at the event and this event will be photographed / There is NO parking on site / Food & Refreshments will need to be Purchased or Please feel free to bring a picnic. T = 07436 270267 /

E = martin.gillett@oxonplay.org.uk / W = www.oxonplay.org.uk

The delivery of this event is subject to HM Government Guidance contained within the Covid19 Response, Spring Roadmap and assumes that the Step 4 conditions that place no legal
limits on social contact or life events and that larger events can proceed are implemented on
21st June as planned

#### **BLENHEIM**





























Playday is the annual celebration of the Childrens Right to Play in the UK.

The 2021 theme, Summer of Play, recognises the challenges children and young people have faced over the past year and the need to enjoy time for play with their friends, having fun.

#### www.summerofplay.co.uk

#### www.playday.org.uk

- Playing is essential for children's mental health and wellbeing.
- Playing helps children cope with stress and anxiety and fosters resilience, enabling children to better deal with challenges.
- Playing gives children the opportunity to have fun, laugh, take time out, relax, and build friendships.
- Playing outside allows children to appreciate nature, the environment, and feel part of their community.
- Playing is fundamental to children's happiness, and happy children lead to happier communities.

















# OPA would like to thank the following for their financial and practical support, without whom this event would not have happened





### BLENHEIM



We would especially like to Thank Katherine

Doughty and Eynsham Parish Council and Margaret

key and Alan Spencer from Eynsham Rotary Club

for all their help and support in making this event

such a success for the local Children, Young People

and Families



play 4 life























# OPA PLAY AND ACTIVITY DAYS 2021 KEY AIMS AND OBJECTIVES

#### For Children & Young People

- 1) Promote Positive Behaviours & Activities (reduce anti-social behaviour)
- 2) Promote Increased Levels of Physical Activity
- 3) Promote a Healthy Lifestyle (healthy choices)
- 4) Promote Healthy Weight Management (obesity reduction)
- 5) Provide information on services and activities to promote a sense of Wellbeing and Inclusion

#### For Parents / Carers

- Provide an Event offering both <u>FREE</u> Entrance & <u>FREE</u>
   Activities to Ensure an Inclusion for <u>ALL</u>
- 2) Demonstrate how Play & Quality Family Time can be achieved on a Zero / Minimal Budget using Natural & Recycled materials
- 3) Provide information on services and activities available in the local and wider area

#### For Communities

- 1) Encourage a greater sense of belonging to promote Active & Engaged Communities 'Love Where You Live'
- 2) Promote local clubs, groups and societies
- 3) Involve local groups, communities and Children & Young People in the planning and delivery of each event







OXFORDSHIRE PLAY ASSOCIATION

OPA's Vision is to 'Improve Lives Through Play'

OPA's Mission is to 'Champion and to support the rights of all Children & Young People to have access to, high quality, inclusive Play opportunities to improve their Physical, Mental and Spiritual wellbeing'

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